



Talking to carers about alcohol, smoking and drugs

Who am I?

My name is Hannah and I'm a research student at Edinburgh Napier University. I'm going to be talking to looked after young people about their experiences of talking to carers about alcohol, smoking and drugs.

Why am I doing this study?

We know that these types of conversations can be good for young people, but we do not know what it is like for young people in care to have these conversations with people like social workers, residential care staff and foster carers.

What will you be asked to do?

If you decide that you'd like to take part in the study, you will be asked to take part in an individual interview.

When?

I'll arrange to meet you at a time that is best for you.

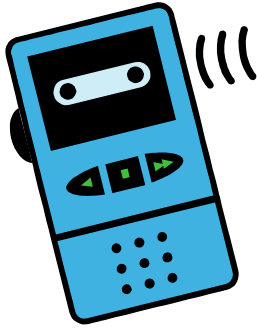
Where?

We can meet wherever you feel most comfortable, such as at home, in your residential care setting, in a community venue, or at my university.



What will you ask me?

In the interview I'll ask you about your experiences of talking to carers about alcohol, smoking and drugs. You do not have to tell me anything that you don't want to. You also don't have to answer any questions you do not want to. We might talk about your experiences of using alcohol, cigarettes or drugs, but you do not have to tell me anything if you don't want to.



Who will know what I've said?

If it's okay, I'll be writing some things down and also use an audio recorder, if you are happy with this. These are just for me to listen to in case I don't have time to write everything down. If you don't want me to write something down, you can tell me. I would also like to use some of the things that you have said, in reports, but I won't use your real name.

Will you tell anyone about what I've said?

Everything you tell me during the interview will be kept confidential and I will not pass this information onto anyone else. However, there are times when I might have to speak to someone about what I have been told. If you tell me something that suggests you, or someone else, is being harmed then I cannot keep this information to myself. If this happens, I would have to tell a social worker or other trusted professional. This is because I have to follow ethical and legal guidelines. If you have any questions about this, please ask.

Do I have to do this?

Not at all! It is up to you if you decide to participate in the study. If you read this information and decide that you would like to participate, you will be asked to sign a consent form. You are free to stop taking part at any time during the research without giving a reason. If you decide to stop, your care will not be affected and the information collected can be destroyed, if you wish.

Who can I talk to about taking part in this study?

You can speak to me about the study. My telephone number is 0131 455 3229 (shared telephone) or you can email me 40135724@live.napier.ac.uk. You can also speak to Norrie Brown, who knows about the study but is not directly involved in it. His telephone number is 0131 455 5712 and his email is n.brown@napier.ac.uk. You may also want to contact my Director of Studies, Lawrie Elliott. His telephone number is 0131 455 5304 and email address is l.elliott@napier.ac.uk.

What do I do now?

If you want to take part, please say to the person who gave you this information sheet. They can answer any questions you might have, or you can contact me. They will ask you if it's okay for them to give me your name and contact details, so I can get in touch about doing an interview. I'll phone you soon to arrange this. If you don't want to participate, you just need to tell the person who gave you this information sheet that you don't want to take part.